

Rate Yourself

Scale 1-5 1 = Low Awareness 5 = High Awareness

Self Assessment

Seit Assessment	1	2	3	4	5
1. I'm aware of my vision for the kind future I want.	0	0	0	0	0
2. I'm aware of my philosophical worldview of life.	0	0	0	0	0
 I'm aware of how my purpose/mission in life flows out of my vision/ philosophy for life. 	0	0	0	0	0
4. I'm aware of what I'm about as a person, and how it influences my purpose/ vision for life.	0	0	0	0	0
5. I'm aware of how my core values flow out of my purpose/vision.	0	0	0	0	0
6. I'm aware of how my core values influence the day to day decisions I make.	0	0	0	0	0
7. I'm aware of how my day to day actions are connected to my sense of purpose/vision.	0	0	0	0	0
8. I'm aware of how my personal skills, and strengths influence the outcomes in my life.	0	0	0	0	0
9. I'm aware of how my personal attitude is influencing the outcomes in my life.	0	0	0	0	0
10. I'm aware of how my relationships with people are influencing the outcomes in my life.	0	0	0	0	0
11. I'm aware of how the environment/space around me is influencing the outcomes in my life.	0	0	0	0	0
12. I'm aware of the strategies I use to achieve my sense of purpose/vision.	0	0	0	0	0
13. I'm aware that the success I'm having in one area of my life could inadvertently limit the success I want have in a different area of my life.	0	0	0	0	0
14. I'm aware of when my strategies to achieve success are in conflict with my values, and who I am as person.	0	0	0	0	0
15. I'm aware of when my life is out of balance, and the plan I would use to get it back in order.	0	0	0	0	0
Total Rating					

Rating Description

Impressive! You're living life with purpose, and leading with vision!	60-75
Solid! You have the fundamentals down, but could reap better benefits by going a little deeper.	45-59
Warning! Your life is full of activity, but you're not sure how it's all connected. This level of awareness can make you vulnerable to many pitfalls.	30-44
Stranger Danger! A large portion of your life is running on AUTOPILOT, and you might not know yourself as well as you think you do.	15-29